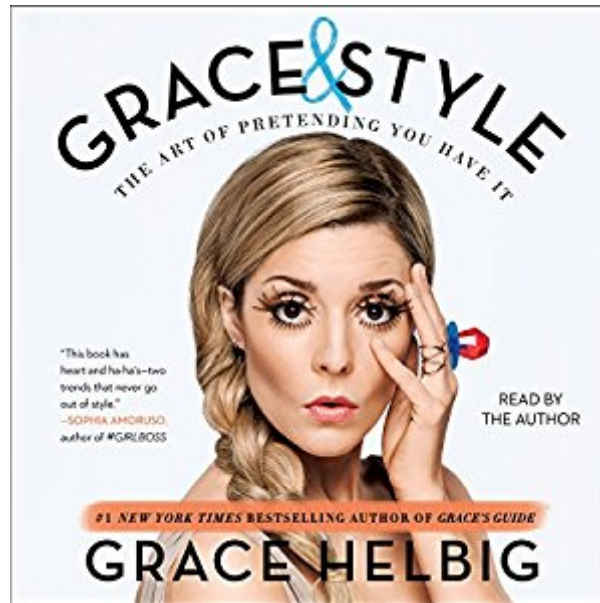


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# Grace & Style: The Art Of Pretending You Have It



## Synopsis

From the number-one New York Times best-selling author of *Grace's Guide* and the host of *The Grace Helbig Show* on E! comes a tongue-in-cheek book about style that lampoons fashion and beauty guides while offering practical advice in Grace Helbig's trademark sweet and irreverent voice. It's clear to see I'm a style icon; remember, you can't spell icon without "con". Grace Helbig doesn't want to tell anyone how they should dress, how they should do their hair or makeup, or even which dog poop bags to purchase - because surprisingly, Target has numerous options for that too! While Grace doesn't claim to be stylish or polished, she is very self-aware and perceptive. Trendy? She'd rather have fun trying. She loves fashion as much as the next lady, man, or French bulldog, but telling others how they should look doesn't suit her. Instead, with *Grace & Style*, Grace takes us into her closet and shares her silly and practical approach to style - which obviously includes an entire chapter on sweatpants. One part parody, one part fashion fun, and one part personal experience, Grace's latest guide to life as a woman in America today is more H&M than Chanel. So tighten your Banana Republic belt a few notches, and learn how to pretend and convince everyone around you that you've got style and grace!

## Book Information

Audible Audio Edition

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## Customer Reviews

A light-hearted but at times deeply thoughtful reflection on the things we hold dear that define who we are. Grace Helbig has an amazing sense for the ridiculousness of this world, and reading her musings reminds us how insignificant our problems just might be. One can't help but walk away feeling a little less burdened, a little more ready to tackle this ludicrous world after reading this text.

Ms. Helbig steadfastly notes that this book is not meant to be taken seriously, but in doing so reveals a much deeper part of her being - a charming comedic therapist who will rake herself across the coals if it means you might take some comfort. Read this - it goes fast, brings a smile, and forces some personal reflection along the way.

This book completely blew away my expectations. I absolutely loved the first book as it felt very sincere yet funny and tongue and cheek. The book has the perfect amount of serious and funny. I loved the sweatpants diaries and the honesty that came from it about style and just life in general. If you are looking for a good pick me up or something to motivate you, or you just want to laugh for a little while i'd definitely recommend Grace and Style.

How would you describe the characters, the review is asking? Funny, which unfortunately isn't an option. I got the book, flipped through the pages and decided to return it. But then, I decided to read it and figure out what all the hype is about. I brewed me some tea, got some toast and jam out, and sat out by the pool, on a hot winter day. I liked the book. It felt like one part myself/one part talking to a girlfriend/one part gossip! She isn't Chehov, but she is real, relatable, and funny.

So I wasn't quite sure what to expect from this book. I loved it. I liked the product tips. I liked the peek into fetus Grace. As a lover of red carpets, I really liked the peek behind the curtain.

Teresa's advice is adorable. And OFC I loved the mention of her peers. I will slap a HUGE content warning on here for folks with an ED history.

Loved this book and because I watch her you tube channel I could hear Grace's voice in my head! I didn't like the sweatpants diary entries, not sure they added anything to hold my interest in the book. But overall I loved the book!

So, I love and admire Grace. I'm liking each book she writes more and more. I hope she continues writing (but maybe mixes up the genre and goes away from advice books? perhaps to fiction? Grace? Are you reading this? Is that within your skill set? Can you try?) Because I think her comedy is so refreshing and fun (and exactly my humor) and I would love to read a novel from her. But this book itself is very touching, and it's definitely fun fashion advice for someone whose knows zilch about fashion. I used to read her fashion blog way back in the day and this is very reminiscent of that blog! Can't wait to see what else this woman does!

Grace has such an amazing style of humor that resonates, even when discussing the most benign subjects. Her frank chapters on her eating disorders, body image, and personal style were hilarious and enlightening. I did like her first book better, which I highly recommend you read after this one, but that's because I'm not in the core audience for this one. That being said, even reading her make-up faves was exciting because of the humor. The Sweatpants Diaries started out as a weird and rough read for me (Such a shift in the book), but in the end, I was truly wondering what happened next. Overall, treat yourself to this inventive, funny, and beautiful read!

Amazing. Grace Helbig has always been one of my go-to people to make me laugh, make me think, and make me feel normal. This book is no different! It's funny, easy to relate to, quick to read, and helpful! I can't recommend this book enough.

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